






MEDICATIONS FOR WEIGHT MANAGEMENT

Medication	1.Saxenda (Liraglutide) 3.0mg DIN#02437899	2.Contrave (Bupropion/Naltrexone) DIN#02472945	3.Wegovy (Semaglutide) 2.4mg	4.Xenical (Orlistat) DIN#02240325
What is it?	A hormone called GLP1.	A combination medication (antidepressant and opioid antagonist).	A hormone called GLP1.	Gastrointestinal lipase inhibitor.
What does it do?	Creates a feeling of fullness, leads to improvement in portion control.	Decreases appetite and can help with cravings.	Creates a feeling of fullness, leads to improvement in portion control.	Blocks the action of lipase and decreases the absorption of fat in the intestines.
Weight loss expected	Average of 8% below starting weight.	Average of 8% below starting weight.	Average of 15% below starting weight.	Average of 3% below starting weight.
How is it taken	Daily injection, usually in the evening.	2 pills twice daily (titrate up slowly).	Weekly injection, usually in the evening.	One pill three times with meals.
Side Effects	-Nausea (decreases within weeks). -Gallstones and acute pancreatitis are rare.	-Nausea (decreases within weeks). Contraindication: Chronic opioid use, seizure disorder	-Nausea (decreases within weeks). -Gallstones and acute pancreatitis are rare.	-Oily, loose bowel movements – frequently leads to discontinuation.
Cost	Approximately \$250-\$500/month depending on dose.	Approximately \$325/month for full dose	Approximately \$250-\$500/month depending on dose.	Approximately \$180/month
				

How long do I have to use it? We strongly suggest that you start another effective method of weight loss maintenance if you stop the medication. This medication is not a quick fix or short-term solution. If you stop this medication, the weight that was lost can return.