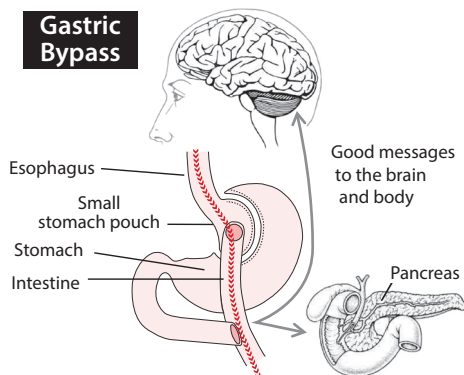


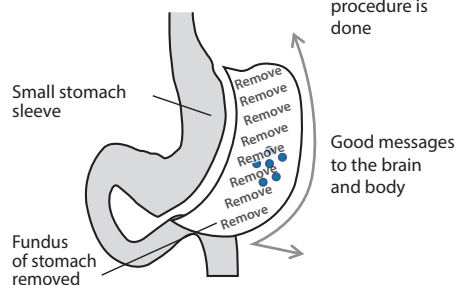
Bariatric Surgery

General Information

Gastric Bypass



Gastric Sleeve



LAPAROSCOPIC GASTRIC BYPASS AND GASTRIC SLEEVE

Wait time to surgery is 1-2 years

Criteria:

- Body Mass Index (BMI*) > 40 or BMI of 35-40 with 1 medical condition**
- Smoke free for 6 months
- Age of < 70

Risks:

- Death (1 in 500)
- Complications (20 in 200)
- Risk of infections, leakage and ulcers
- Vitamin deficiencies (avoided by taking vitamin supplements)

Cost:

- Covered by OHIP (patient does not pay)

* (Weight and height)
** **DIABETES**, heart disease, high blood pressure, sleep apnea

Mechanism of weight loss:

- Changes hormones in the brain and body that effect hunger and satiety (feeling full)

Benefits:

- Weight loss 30-35% = 100lbs for a 300lb person
- Improvement in medical disorders (especially diabetes)

Recovery Time:

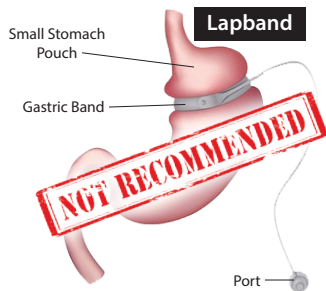
- 1 to 2 days in hospital
- 1 to 2 weeks at home

How to be Referred:

- A medical doctor referral is sent to a central Bariatric Registry.

A surgical centre* will contact you for an orientation and then further assessments to determine if you are a candidate for surgery.

* Toronto, Hamilton, Guelph, Ottawa



GASTRIC BANDING

- Not recommended

Mechanism of weight loss:

- RESTRICTIVE
- Weight loss is not consistent

Cost:

- Not covered by OHIP
- Patient pays \$16,000 - 18,000

Successful Bariatric Surgery Patients:

- Are educated about the risks and benefits of the surgery
- Are active and following a dietary plan prior to surgery and after surgery
- We encourage continued follow up with a medical team

RECOMMENDED READING: _____ →

Blogs on Weight Loss Surgery:

Dr. Sue Pedersen <http://www.drsetalks.blogspot.ca/search?q=surgery>

Dr. Arya Sharma <http://www.drsharma.ca/obesity-why-i-support-bariatric-surgery.html>

